



School Information:

HAPPY HALLOWEEN



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

CHICKEN NUGGETS **3**
 BUTTERED NOODLES
 CHEF'S VEGETABLES
 FRUIT
 1% CHOC OR WHITE MILK

SLOPPY JOE ON BUN **4**
 FRENCH FRIES
 CHEF'S VEGETABLES
 CINN. APPLE CRISP
 1% CHOC OR WHITE MILK

BBQ CHICKEN **5**
 SWEET POTATO FRIES
 CHEF'S VEGETABLE
 DINNER ROLL/FRUIT
 1% CHOC OR WHITE MILK

BAKED ZITI & SAUCE **6**
 GARLIC BREAD
 BROCCOLI
 FRUIT
 1% CHOC OR WHITE MILK

STAFF DEVELOPMENT DAY **7**

 NO SCHOOL

COLUMBUS DAY **10**

NO SCHOOL

BAKED CHICKEN **11**
 MASHED POTATOES
 GARDEN PEAS
 FRUIT
 1% CHOC OR WHITE MILK

TOMATO BEEF PASTA **12**
 BREAD STICK
 ITALIAN MIXED VEGETABLES
 FRUIT
 1% CHOC OR WHITE MILK

TOASTED CHEESE **13**
 SAMMY W/ PICKLES
 TOMATO SOUP/ CHIPS
 FRUIT
 1% CHOC OR WHITE MILK

PIZZA DAY **14**
 GARDEN SALAD OR
 VEGETABLE CUP
 FRUIT
 1 % CHOC OR WHITE MILK

CHICKEN NOODLE **17**
 BAKE W/ BISCUIT
 CHEF'S VEGETABLE
 FRUIT
 1% CHOC OR WHITE MILK

LOADED NACHOS **18**
 SALSA & CHEESE,
 LETTUCE & TOMATO
 CORN/FRUIT
 1% CHOC OR WHITE MILK

HOTDOG ON BUN **19**
 POTATO SALAD/PICKLE
 BAKED BEAN CUP
 FRUIT
 1% CHOC OR WHITE MILK

SPAGHETTI & SAUCE **20**
 W/ GARLIC BREAD
 ITALIAN GREEN BEANS
 FRUIT
 1% CHOC OR WHITE MILK

PIZZA DAY **21**
 GARDEN SALAD OR
 VEGETABLE CUP
 FRUIT
 1% CHOC OR WHITE MILK

FRENCH TOAST STICKS **24**
 HASH BR POTATO &
 SAUSAGE PATTY
 FRUIT
 1% CHOC OR WHITE MILK

TACO TUESDAY WITH **25**
 CHICKEN& TOPPINGS
 RICE PILAF W/ VEGETABLES
 FRUIT
 1% CHOC OR WHITE MILK

SPANISH RICE W/BEEF **26**
 CORN ON THE COB/ROLL
 CHEF'S VEGETABLE
 FRUIT
 1% CHOC OR WHITE MILK

CHICKEN SPIEDIES ON ROLL **27**
 COLE SLAW SALAD
 TATER TOTS
 FRUIT
 1% CHOC OR WHITE MILK

PIZZA DAY **28**
 GARDEN SALAD OR
 VEGETABLE CUP
 FRUIT
 1% CHOC OR WHITE MILK

MEATBALL MARINARA **31**
 ON EGG NOODLES
 MIXED VEGETABLES
 FRUIT
 1% CHOC OR WHITE MILK

